

New York Heart Association functional classification based on severity of symptoms and physical activity

<b>Class I</b>	No limitation of physical activity. Ordinary physical activity does not cause undue breathlessness, fatigue, or palpitations.
<b>Class II</b>	Slight limitation of physical activity. Comfortable at rest, but ordinary physical activity results in undue breathlessness, fatigue, or palpitations.
<b>Class III</b>	Marked limitation of physical activity. Comfortable at rest, but less than ordinary physical activity results in undue breathlessness, fatigue, or palpitations.
<b>Class IV</b>	Unable to carry on any physical activity without discomfort. Symptoms at rest can be present. If any physical activity is undertaken, discomfort is increased.

[McMurray, J. J.V., et al. \(2012, May 19\). ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure 2012. European Heart Journal, 14\(8\), p.1794.](#)